

TSUZUKIWAZA	SEMINAR	Link	Mobile	Start	End	TECHNIQUES
1 KATATEDORI TENSIN	DENMARK 2010	https://www.yout	m.youtube.com/v	00:01	00:03	1
	DENMARK 2010	https://www.yout	m.youtube.com/v	00:43	00:45	1
	DENMARK 2010	https://www.yout	m.youtube.com/v	01:18	01:22	5
	SWEDEN 2011	https://www.yout	m.youtube.com/v	00:05	00:11	1
	SWEDEN 2013 Blackbelt	https://www.yout	m.youtube.com/v	00:55	00:56	1
	SWEDEN 2013	https://www.yout	m.youtube.com/v	00:47		1
	SWEDEN 2000	https://www.yout	m.youtube.com/v	07:01	07:02	4
	SWEDEN 2000	https://www.yout	m.youtube.com/v	07:32	07:33	1,2,3,4,5
	SWEDEN 1991	https://www.yout	m.youtube.com/v	00:32	00:36	2,3
	AOA FILM	https://www.yout	m.youtube.com/v	00:34	00:37	
2 USHIRO KARATE DORI	DENMARK 2010	https://www.yout	m.youtube.com/v	01:31	01:41	1,7
	SWEDEN 2011	https://www.yout	m.youtube.com/v	00:58	01:07	1,4
	SWEDEN 1991	https://www.yout	m.youtube.com/v	04:07	04:09	1
	AOA FILM	https://www.yout	m.youtube.com/v	00:50	00:52	
3 RYOTEMOCHI	DENMARK 2010	https://www.yout	m.youtube.com/v	00:09	00:13	3
	DENMARK 2010	https://www.yout	m.youtube.com/v	01:03	01:05	6
	DENMARK 2010	https://www.yout	m.youtube.com/v	01:47	01:48	1
	DENMARK 2010	https://www.yout	m.youtube.com/v	01:57	02:05	1,7
	SWEDEN 2011	https://www.yout	m.youtube.com/v	00:02	00:05	3
	SWEDEN 2011	https://www.yout	m.youtube.com/v	00:55	00:58	6
	AOA FILM	https://www.yout	m.youtube.com/v	01:15	01:18	
4 RYOTEDORI	SWEDEN 2009 Stockholm	https://www.yout	m.youtube.com/v	01:27	01:31	1,2,3
	DENMARK 2010	https://www.yout	m.youtube.com/v	00:15	00:19	4,5
	DENMARK 2010	https://www.yout	m.youtube.com/v	00:41	00:43	6,7
	DENMARK 2010	https://www.yout	m.youtube.com/v	01:01	01:03	2
	SWEDEN 2013	https://www.yout	m.youtube.com/v	00:20	00:24	4
	SWEDEN 2017	https://www.yout	m.youtube.com/v	02:00	02:04	2
	DENMARK 2017	https://www.yout	m.youtube.com/v	00:01	00:02	2
	DENMARK 2017	https://www.yout	m.youtube.com/v	00:12	00:14	2
	DENMARK 2017	https://www.yout	m.youtube.com/v	01:00	01:01	4
	DENMARK 2018	https://www.yout	m.youtube.com/v	05:41	05:49	4
	DENMARK 2018	https://www.yout	m.youtube.com/v	06:12	06:18	2,3
	SWEDEN 1991	https://www.yout	m.youtube.com/v	01:14	01:22	4
	SWEDEN 1991	https://www.yout	m.youtube.com/v	01:49	01:56	4,5,6
	SWEDEN 1991	https://www.yout	m.youtube.com/v	02:02	02:06	3
	SWEDEN 1991	https://www.yout	m.youtube.com/v	02:14	02:16	3,6
	SWEDEN 1991	https://www.yout	m.youtube.com/v	02:23	02:27	4,5,6,3,7
5 RYOKATA DORI	SWEDEN 2011	https://www.yout	m.youtube.com/v	01:54	02:20	
	SWEDEN 2013	https://www.yout	m.youtube.com/v	02:04	02:12	
	SWEDEN 1991	https://www.yout	m.youtube.com/v	01:00	01:14	1,7
6 USHIRODORI	SWEDEN 2009	https://www.yout	m.youtube.com/v	00:01	00:10	2,7
	SWEDEN 2009	https://www.yout	m.youtube.com/v	00:32	00:46	1,2,3,4,5,6,7
	DENMARK 2014	https://www.yout	m.youtube.com/v	00:08	00:33	2,7
7 SHOMENUCHI	DENMARK 2010	https://www.yout	m.youtube.com/v	00:15		3
	DENMARK 2010	https://www.yout	m.youtube.com/v	00:51	00:54	1
	DENMARK 2017	https://www.yout	m.youtube.com/v	02:28	02:31	1
	SWEDEN 1991	https://www.yout	m.youtube.com/v	00:09	00:11	3
	SWEDEN 1991	https://www.yout	m.youtube.com/v	02:29	02:33	1
	SWEDEN 1991	https://www.yout	m.youtube.com/v	02:59	03:04	1,2
	SWEDEN 1991	https://www.yout	m.youtube.com/v	03:48	03:54	2,3,6,5
8 YOKOMENUCHI	DENMARK 2010	https://www.yout	m.youtube.com/v	00:14		7
	SWEDEN 2011	https://www.yout	m.youtube.com/v	01:21		7
	SWEDEN 1991	https://www.yout	m.youtube.com/v	00:11	00:13	
9 TSUKI KERI	SWEDEN 2009 Stockholm	https://www.yout	m.youtube.com/v	00:32	00:34	1,7
	SWEDEN 2009 Stockholm	https://www.yout	m.youtube.com/v	00:43	00:45	1,7
	DENMARK 2010	https://www.yout	m.youtube.com/v	00:53	00:59	2,1
	SWEDEN 2011	https://www.yout	m.youtube.com/v	00:46	00:54	3,1
	SWEDEN 2011	https://www.yout	m.youtube.com/v	01:33	01:35	2
	SWEDEN 1991	https://www.yout	m.youtube.com/v	00:17	00:20	1
10 TANINZUGAKE	DENMARK 2017	https://www.yout	m.youtube.com/v	03:04	03:05	5

	DENMARK 2018	https://www.youtube.com/watch?v=...	05:16	05:22	1,2,3,4
	DENMARK 2018	https://www.youtube.com/watch?v=...	05:25	05:41	456
11 KATATEDORI	DENMARK 2010	https://www.youtube.com/watch?v=...	01:05	01:07	4
	DENMARK 2010	https://www.youtube.com/watch?v=...	01:22	01:24	Tw
	SWEDEN 2011	https://www.youtube.com/watch?v=...	00:17	00:23	6
	SWEDEN 2011	https://www.youtube.com/watch?v=...	01:08	01:15	1,2
	SWEDEN 2011	https://www.youtube.com/watch?v=...	01:19	01:20	2
	SWEDEN 2011	https://www.youtube.com/watch?v=...	01:22	01:31	4
	SWEDEN 2013	https://www.youtube.com/watch?v=...	00:30	00:35	1
	SWEDEN 2013	https://www.youtube.com/watch?v=...	00:42	00:50	3,2,4
	SWEDEN 2013	https://www.youtube.com/watch?v=...	00:55	01:01	4
	SWEDEN 2013	https://www.youtube.com/watch?v=...	01:05	01:08	56
	SWEDEN 2013	https://www.youtube.com/watch?v=...	01:12	01:16	67
	AOA FILM	https://www.youtube.com/watch?v=...	00:37	00:39	
12 USHIRO KATATEDORI	DENMARK 2010	https://www.youtube.com/watch?v=...	00:01		3,5
	DENMARK 2010	https://www.youtube.com/watch?v=...	01:41	01:47	3,4,5,7,1
	AOA FILM	https://www.youtube.com/watch?v=...	00:47	00:50	
13 RYOTEMOCHI	SWEDEN 2011	https://www.youtube.com/watch?v=...	00:11	00:16	2
	SWEDEN 2000	https://www.youtube.com/watch?v=...	04:34	04:36	6
14 RYOTEDORI (SW+TW)	SWEDEN 2009 Stockholm	https://www.youtube.com/watch?v=...	01:31	01:36	1,2,3
	SWEDEN 2009 Stockholm	https://www.youtube.com/watch?v=...	01:39	01:45	4567
	SWEDEN 1991	https://www.youtube.com/watch?v=...	01:56	01:59	5
15 USHIRO RYOKATADORI	DENMARK 2014	https://www.youtube.com/watch?v=...	01:14	01:40	1,7
	DENMARK 2018	https://www.youtube.com/watch?v=...	05:53	05:57	12
	DENMARK 2018	https://www.youtube.com/watch?v=...	06:02	06:06	1
16 HANDACHI	BOSCO GURIN 2013 DAY 2	https://www.youtube.com/watch?v=...	01:10	01:39	1,7
17 KATADORI MENUCHI	SWEDEN 2013	https://www.youtube.com/watch?v=...	01:41	01:50	1
	SWEDEN 2013	https://www.youtube.com/watch?v=...	07:34	07:38	3,4
	SWEDEN 1991	https://www.youtube.com/watch?v=...	04:03	04:06	1,3
	SWEDEN 1991	https://www.youtube.com/watch?v=...	04:09	04:12	3,4,1,2,3,4
	SWEDEN 1991	https://www.youtube.com/watch?v=...	04:13	04:17	5,6
	SWEDEN 1991	https://www.youtube.com/watch?v=...	04:22	04:23	7 Tw
18 YOKOMENUCHI	AOA FILM	https://www.youtube.com/watch?v=...	02:19	02:35	
19 TSUKI	SWEDEN 2009 Stockholm	https://www.youtube.com/watch?v=...	00:34	00:43	1,7
	DENMARK 2010	https://www.youtube.com/watch?v=...	00:45	00:47	1
20 JONAGE	DENMARK 2010	https://www.youtube.com/watch?v=...	01:07	01:17	1,4
	SWEDEN 2012	https://www.youtube.com/watch?v=...	00:36	00:44	1,2
	SWEDEN 2013	https://www.youtube.com/watch?v=...	04:56	05:06	1,3
	SWEDEN 2013	https://www.youtube.com/watch?v=...	07:10	07:11	1
	SWEDEN 2013	https://www.youtube.com/watch?v=...	07:17	07:21	1,2,3
	SWEDEN 2013	https://www.youtube.com/watch?v=...	07:29	7	9,10,11
21 TANTODORI 1	SWEDEN 2011	https://www.youtube.com/watch?v=...	02:20	02:55	1,7
	SWEDEN 2013	https://www.youtube.com/watch?v=...	02:33	02:36	1
	SWEDEN 2013	https://www.youtube.com/watch?v=...	02:42	02:45	2
	SWEDEN 2013	https://www.youtube.com/watch?v=...	03:11	03:18	3
	SWEDEN 2013	https://www.youtube.com/watch?v=...	03:34	03:36	5
	SWEDEN 2013	https://www.youtube.com/watch?v=...	03:57	04:04	6,7
22 TANTODORI 2	SWEDEN 2011	https://www.youtube.com/watch?v=...	03:07	03:28	1,8
	SWEDEN 2013	https://www.youtube.com/watch?v=...	04:04	04:31	1,8
	SWEDEN 2017	https://www.youtube.com/watch?v=...	01:45	01:55	1,2
	DENMARK 2018	https://www.youtube.com/watch?v=...	02:27	02:32	3
	DENMARK 2018	https://www.youtube.com/watch?v=...	03:47	03:51	3,4
	DENMARK 2018	https://www.youtube.com/watch?v=...	03:54	03:55	1
	DENMARK 2018	https://www.youtube.com/watch?v=...	04:17	04:33	2,5,6,7,8
23 BOKKENDORI	SWEDEN 2011	https://www.youtube.com/watch?v=...	00:01	00:02	2
	SWEDEN 2011	https://www.youtube.com/watch?v=...	01:38	01:54	1,5
	DENMARK 2012	https://www.youtube.com/watch?v=...	02:16	2	4,5
	SWEDEN 2013 Blackbelt	https://www.youtube.com/watch?v=...	01:03	01:36	5,2,6,7,10 tw
	DENMARK 2017	https://www.youtube.com/watch?v=...	02:19	02:27	1,2,5
	DENMARK 2018	https://www.youtube.com/watch?v=...	02:53	03:19	1,2,3,4,10,9
24 JODORI	DENMARK 2010	https://www.youtube.com/watch?v=...	01:24	01:31	2,3,4,5,6
	DENMARK 2017	https://www.youtube.com/watch?v=...	01:32	01:41	Ex
	DENMARK 2017	https://www.youtube.com/watch?v=...	01:43	01:52	12
	DENMARK 2017	https://www.youtube.com/watch?v=...	01:57	02:03	2

	DENMARK 2017	https://www.youtube.com/watch?v=...	02:07	02:15	6
	DENMARK 2017	https://www.youtube.com/watch?v=...	02:18	02:19	7
	DENMARK 2018	https://www.youtube.com/watch?v=...	01:10	01:46	1,7
25 JO1 + BOKKEN	SWEDEN 2011	https://www.youtube.com/watch?v=...	00:43	00:46	
	DENMARK 2017	https://www.youtube.com/watch?v=...	01:11	01:15	
	DENMARK 2018	https://www.youtube.com/watch?v=...	01:46	01:48	
STATIC JO	SWEDEN 2013	https://www.youtube.com/watch?v=...	07:47		
	SWEDEN 1991	https://www.youtube.com/watch?v=...	00:38	00:48	
	DENMARK 2018	https://www.youtube.com/watch?v=...	05:49	05:51	
26 JO2 + BOKKEN	SWEDEN 2011	https://www.youtube.com/watch?v=...	02:56	03:04	
	DENMARK 2012	https://www.youtube.com/watch?v=...	02:05	02:16	
	SWEDEN 2013	https://www.youtube.com/watch?v=...	05:30	05:35	
	DENMARK 2014	https://www.youtube.com/watch?v=...	00:48	01:01	
	DENMARK 2014	https://www.youtube.com/watch?v=...	01:08	01:13	
	SWEDEN 2017	https://www.youtube.com/watch?v=...	01:19	01:30	
	DENMARK 2017	https://www.youtube.com/watch?v=...	01:19	01:24	
	SWEDEN 1991	https://www.youtube.com/watch?v=...	00:48	00:50	
27 BOKKEN1 HAPPO GIRI WP	DENMARK 2010	https://www.youtube.com/watch?v=...	00:23	00:26	
	SWEDEN 2011	https://www.youtube.com/watch?v=...	00:39	00:42	
	SWEDEN 2013 Blackbelt	https://www.youtube.com/watch?v=...	00:01	00:02	
28 BOKKEN 2 WP	DENMARK 2012	https://www.youtube.com/watch?v=...	01:23	01:30	
	SWEDEN 2013 Blackbelt	https://www.youtube.com/watch?v=...	00:02	00:03	
	SWEDEN 2017	https://www.youtube.com/watch?v=...	01:30	01:40	
	SWEDEN 2017	https://www.youtube.com/watch?v=...	01:42	01:45	
	SWEDEN 1991	https://www.youtube.com/watch?v=...	03:32	03:36	
29 BOKKEN KUMITACHI 1	SWEDEN 2011	https://www.youtube.com/watch?v=...	03:04	03:07	
	DENMARK 2012	https://www.youtube.com/watch?v=...	01:05	01:21	
	SWEDEN 2013	https://www.youtube.com/watch?v=...	07:38	07:39	
30 BOKKEN KUMITACHI 2 - SHINKEN	SWEDEN 2009 Stockholm	https://www.youtube.com/watch?v=...	00:27	00:29	
	DENMARK 2010	https://www.youtube.com/watch?v=...	00:03	00:09	
	DENMARK 2012	https://www.youtube.com/watch?v=...	01:30	01:38	
	SWEDEN 2013	https://www.youtube.com/watch?v=...	06:15	06:20	
AOA_Vol1	AOA_Vol1	https://www.youtube.com/watch?v=...	00:00	00:00	
AOA_Vol2	AOA_Vol2	https://www.youtube.com/watch?v=...	00:00	00:00	
AOA_Vol3	AOA_Vol3	https://www.youtube.com/watch?v=...	00:00	00:00	
AOA_Vol4	AOA_Vol4	https://www.youtube.com/watch?v=...	00:00	00:00	
AOA_Vol5	AOA_Vol5	https://www.youtube.com/watch?v=...	00:00	00:00	

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